



TALK TO YOUR CHILD

Talk to your child, keep a regular dialogue open

Raise your child in a way, that he/she feels safe to tell you their secrets.

Always make them feel body confident and proud of their bodies.

Obeserve your child's aversion to certain people around them.

Let them know you are always there for them, no matter what.

Teach them how to protect themselves, empower them with supprtive tools.



GOOD TOUCH BAD TOUCH

Dont just warn them against Bad Touch by strangers, include everyone they may know.

Someone touching your mouth or private parts



Someone touching your mouth or priate parts and asking you to keep it a secret



Someone
threatening
or trying to
hurt you or your
parents and family



Good Touch is welcome by people they trust. Ask them to make a list of such people,

Someone patting you back, like your teacher



Parents giving you a bath and cleaning your private parts



Sibling pulling your cheeks



Give them phone numbers they may call to ask for immedeate help

if someone forces them, they must say

NO

if someone forces them, they must

SCREAM

if someone forces them, they must

TELL

